



# Support, Educate, Advocate

Mitochondrial Disease Action Committee

## **Suggested Accommodations and Modifications for High School**

1. Direct instruction, repetition and frequent clarification to assist with organizational difficulties.
2. Preferential seating to help alleviate vision impairments.
3. Additional time for assignments, class work, tests/exams and flexibility with due dates.
4. Testing should be done on computer or orally where necessary (Use spell-check if applicable)
5. A quiet environment to write tests and complete assignments to assist with external distraction, including hearing sensitivity issues. Also allows the student to break as necessary to complete work when energy levels are low.
6. Copying notes from the blackboard to be kept at a minimum.
7. Scribe available if hand fatigue negates writing.
8. Lengthy assignments to be broken down into smaller sections.
9. Copies of overheads, power point presentations and teacher's notes will be required.
10. Flexibility in scheduling of tests/exams is essential due to increased fatigue.
11. Listening to headsets during class work time to be allowed to help block out distractions
12. Should not be unduly penalized for grammar or spelling.
13. Should be allowed to clarify questions on tests and assignments.
14. Will require more frequent breaks .

15. Will need assistance to monitor his/her progress on assignments, including: breaking down assignments into manageable chunks, time management skills, procrastination, due dates and reviewing assignments to ensure that instructions are clearly understood, often due to short and long term learning disabilities.

16. Ensure that Testing state and district as well as College preparatory exams are properly submitted for with accommodations prior to exam dates.