



### **Energy Walk & 5K Run for Mitochondrial Disease**

**On Sunday, September 19, 2010**, MitoAction will hold its sixth annual Energy Walk & 5K Run for Mitochondrial Disease at Castle Island in South Boston, MA. Premier sponsors of the event include the Boston Bruins Foundation, America's Compounding Center, and Thrive Rx.

This annual awareness event attracts nearly 1,000 patients, families and community supporters from across New England every year. Registration will begin at 8 a.m., with the 5K kicking off at 9:30 a.m. and the walk at 9:45 a.m. Additional festivities run from 10 a.m.-1 p.m. Sponsored by the Boston Bruins Foundation, the kids' tent will feature team mascot Blades the Bear, crafts, games, and face-painting. There will also be ice cream, music, complimentary snacks, beverages, and a raffle. Lunch will be provided courtesy MitoAction sponsors.

For more information and to register online, visit [www.mitoaction.org/walk](http://www.mitoaction.org/walk). Parking is available at Castle Island and in Parking Lot D at UMass-Boston, with a shuttle to the event site.

Mitochondrial disease is an incurable, genetic, neurodegenerative disorder that affects at least in 1 in 4,000 infants, children, teens and adults. Mitochondrial dysfunction has been implicated in autism, diabetes, Alzheimer's and Parkinson's disease. As common as cystic fibrosis, "Mito" is seriously under-recognized and often misdiagnosed.

Symptoms of Mito commonly include muscle weakness, extreme fatigue, seizures, gastrointestinal dysfunction, developmental delay, vision and hearing loss, and organ failure. Mitochondrial disease is sometimes compared to a "power outage for the body."

MitoAction is proud to be collaborating partners with Children's Hospital Boston, Massachusetts General Hospital, and Floating Hospital for Children at Tufts Medical Center.

**Help MitoAction in its mission to provide support, education, and awareness of this disabling disease by joining us on September 19.**

*MitoAction is a 501(c)(3) charity formally incorporated in 2005 to provide programs and resources centered on support, education, and advocacy for patients and families affected by mitochondrial disease. To learn more, go to [mitoaction.org](http://mitoaction.org).*

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