



PRESS RELEASE

For immediate release

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MitoAction raises awareness about mitochondrial disease

Six-year-old Benjamin has mitochondrial disease. His energy factories are broken; it's as if his batteries are running low. Just being in a noisy place or skipping a snack can drain his energy for the whole day. This is just one face of Mito.

Mitochondrial disease is an inherited chronic illness that causes debilitating physical, developmental, and mental disabilities. Anyone is vulnerable; you can be born with it or it can develop later in life. It's progressive and there is no cure. About 1 in 2,000 people in the United States has mitochondrial disease.

MitoAction, a nonprofit organization whose mission includes providing support to Mito patients and their families, invites you to celebrate and honor the lives of every child, adult, and family who struggles with the devastating diagnosis of mitochondrial disease.

Mito symptoms differ from person to person and can first appear in infants, children, teens, or adults. Common symptoms include poor growth, loss of muscle coordination, muscle weakness and pain, seizures, vision and/or hearing loss, gastrointestinal issues, learning disabilities, and heart, liver, or kidney failure. Mito is also related to autism, diabetes, Alzheimer's, and Parkinson's. Mito may be underdiagnosed until improvements in diagnosis and awareness occur. Today there is no cure for mitochondrial disease; treatment is focused on energy conservation and vitamin therapy.

MitoAction is a dedicated support and empowerment organization for patients and caregivers affected by mitochondrial disease. It believes help today for Mito patients and families is just as important as research for a cure tomorrow.

MitoAction's mission includes: improving quality of life for children and adults affected by the disease; raising awareness about mitochondrial disorders and their relationship to other diseases; providing specific and practical materials that help patients manage their symptoms; aggregating and connecting the international mitochondrial disease community; creating tools that empower patients and caregivers to be advocates for themselves or their children.

Join MitoAction in its mission to raise awareness of this disabling disease. Learn more at www.MitoAction.org.

MitoAction is a 501(c)(3) charity formally incorporated in 2005 to provide programs and resources centered on support, education, and advocacy for patients and families affected by mitochondrial disease.