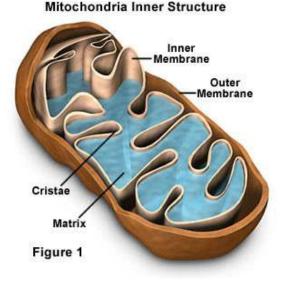
Mitochondria and Psychiatry



Andrew A. Nierenberg, MD Thomas P. Hackett Endowed Chair in Psychiatry Director, Dauten Family Center for Bipolar Treatment Innovation Massachusetts General Hospital Professor of Psychiatry, Harvard Medical School

Andrew A. Nierenberg, MD Disclosure Statement

Employee Of	Massachusetts General Hospital
Consultant For	Abbott Laboratories, Astra Zeneca, Basilea, BrainCells Inc., Bristol- Myers Squibb, Cephalon, Clexio, Clintara, Corcept, Esai, Eli Lilly & Co., Forest, Genaissance, Genentech, Ginger/Headspace Health, GlaxoSmithKline, Innapharma, Janssen Pharmaceutica, Jazz Pharmaceuticals, Lundbeck, Medavante, Merck, Myriad, Neuronetics, NeuroRx, Novartis, Ostuka, PamLabs, PGx Health, Pfizer, Protogenics, Roche, Sepracor, Schering-Plough, Shire, Somerset, Sunovion, Takeda, Targacept, Teva
Stockholder In	4M Therapeutics, Alitmate, Flow, Unravel Biosciences
Grant Support From	AFSP, AHRQ, Bristol-Myers Squibb, Cederroth, Cyberonics, Forest Pharmaceuticals, GlaxoSmithKline, Janssen Pharmaceutica, Lichtwer Pharma, Eli Lilly, NARSAD, NIMH, PCORI, Pfizer, Shire, Stanley Foundation, Takeda, Wyeth-Ayerst
Honoraria From	MGH Psychiatry Academy in the past 3 years (Prior to 3 years ago, honoraria from Bristol-Myers Squibb, Cyberonics, Forest Pharmaceuticals, GlaxoSmithKline, Eli Lilly,, Shire, Wyeth-Ayerst), No speaker bureaus since 2003

Andrew A. Nierenberg, MD Disclosure Statement

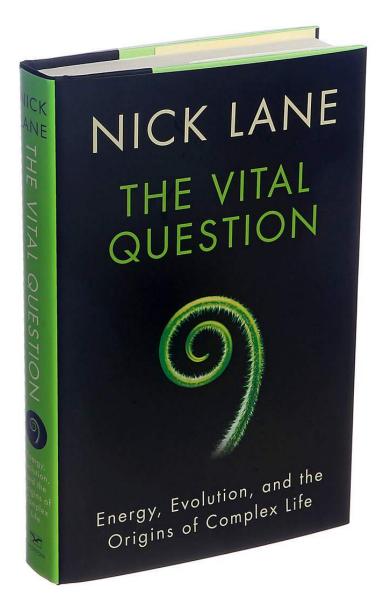
Other Income	MBL Publishing for past services as Editor-in-chief of CNS Spectrums; Slack Inc. for services as Associate Editor of Psychiatric Annals; Editorial Board, Mind Mood Memory, Belvior Publications
Patents and Copyrights	Copyright joint ownership with MGH for Structured Clinical Interview for MADRS and Clinical Positive Affect Scale
Additional Honoraria	ADURS, Brain and Behavior Foundation Colvin Prize, University of :Pisa, University of Wisconsin at Madison, University Texas Southwest at Dallas, Health New England and Harold Grinspoon Charitable Foundation and Eli Lilly and AstraZeneca, American Society for Clinical Psychopharmacology and Zucker Hillside Hospital and Forest and Janssen, Brandeis University, International Society for Bipolar Disorder

Outline

- Mitochondria and the brain
- Psychiatric symptoms and diagnoses in Mito diseases
- Mito dysregulation in psychiatric disorders

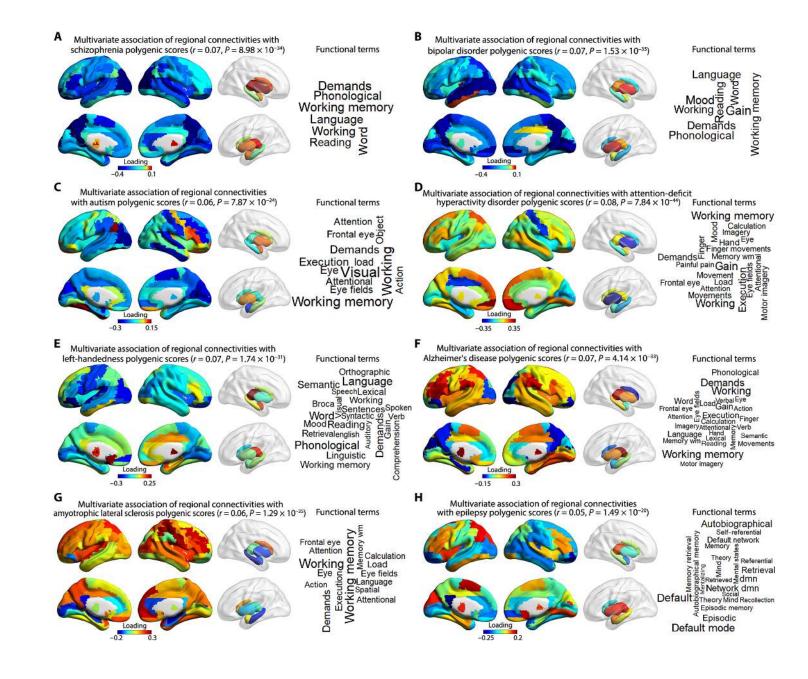
We are all made of stars. Moby





https://medium.com/@joanathanrobbins /your-brain-mind-has-become-an-extension-of-the-internet-5ed2d653c47c





Sha et al., Sci. Adv.9, (2023)17

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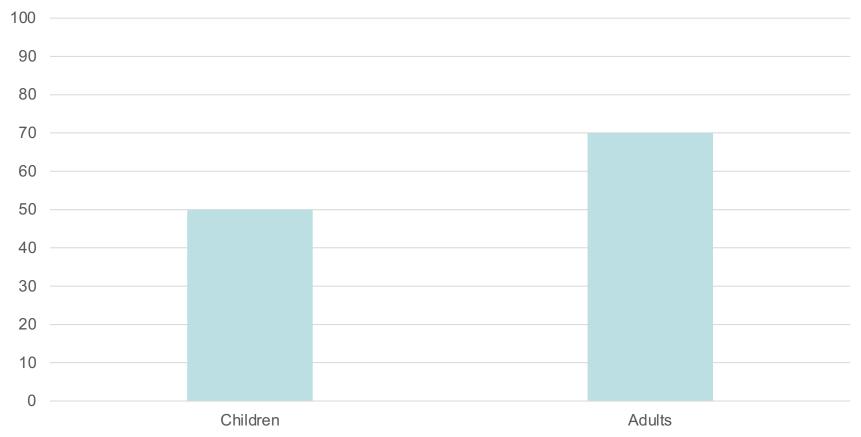
Lifetime Prevalence Psychiatric Disorders in Mito Disease

- Onset of psychiatric disorders
 13 years before mito disease diagnosis
- Psychiatric disorders resistant to medications

Fattal O, et al. CNS Spectr 2007;12:429–438; Morava E, et al. Mitochondrion 2010; 10:528–533

Lifetime Prevalence Psychiatric Disorders in Mito Disease

Depression or Psychiatric Disorders



Fattal O, et al. CNS Spectr 2007;12:429–438; Morava E, et al. Mitochondrion 2010; 10:528–533

Psychiatric Presentations

- Major depressive disorder
- Bipolar disorder
- OCD
- Anorexia
- Bizarre hallucinations
- Anxiety disorders
- Substance abuse
- Borderline personality disorder

Anglin et al. The Journal of Neuropsychiatry and Clinical Neurosciences 2012;24:394–409

Treatment

- Coenzyme Q10,
- Creatine monohydrate
- Alpha lipoic acid
- Vitamin E, vitamin C, and riboflavin
- Antioxidant idebenone
- Reduction or discontinuation of psychotropic drugs

Anglin et al. The Journal of Neuropsychiatry and Clinical Neurosciences 2012; 24:394–409)

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Mitochondrial Dysfunction: At the Core of Psychiatric Disorders?

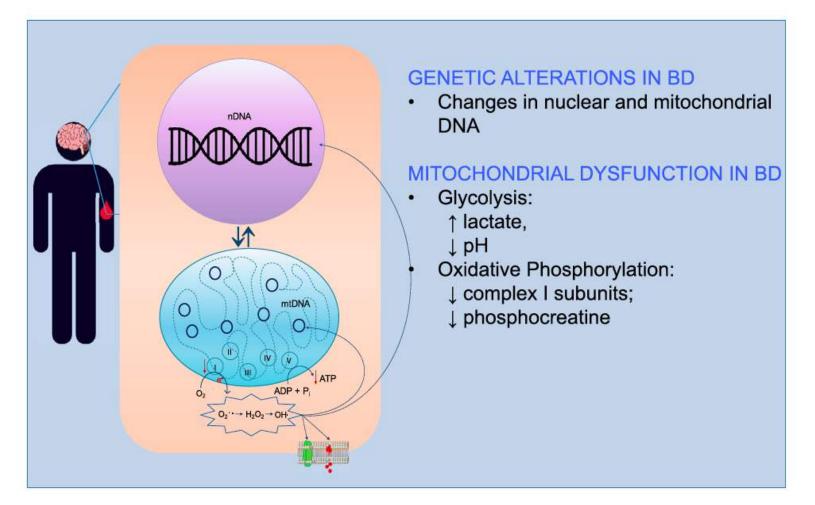
Ana C. Andreazza and Andrew A. Nierenberg

Biological Psychiatry May 1, 2018; 83:718–719

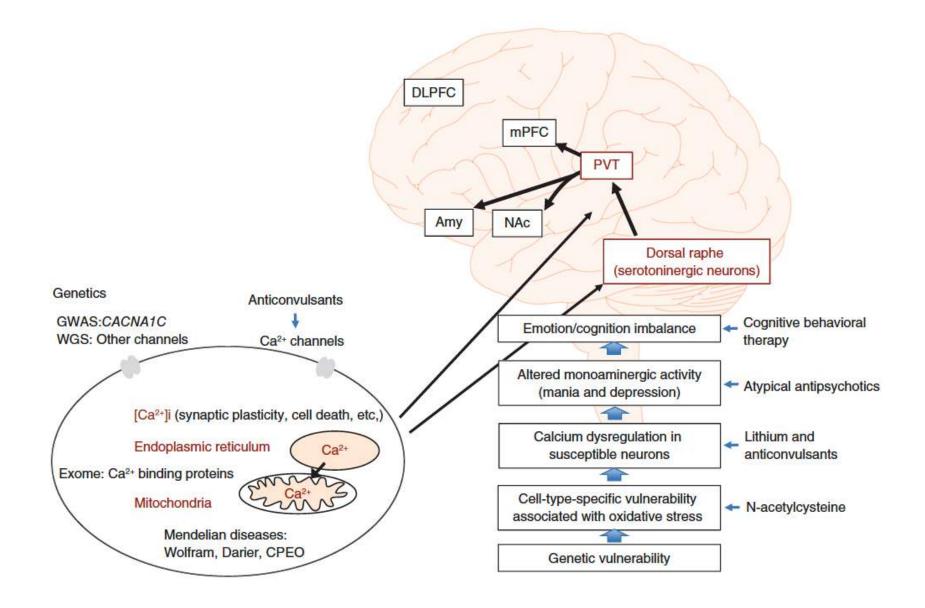


Bipolar Disorder as a Mitochondrial Disease

Ana C. Andreazza, Angela Duong, and L. Trevor Young



Biological Psychiatry May 1, 2018; 83:720–721



Kato T. Psychiatry and Clinical Neuroscience 2019



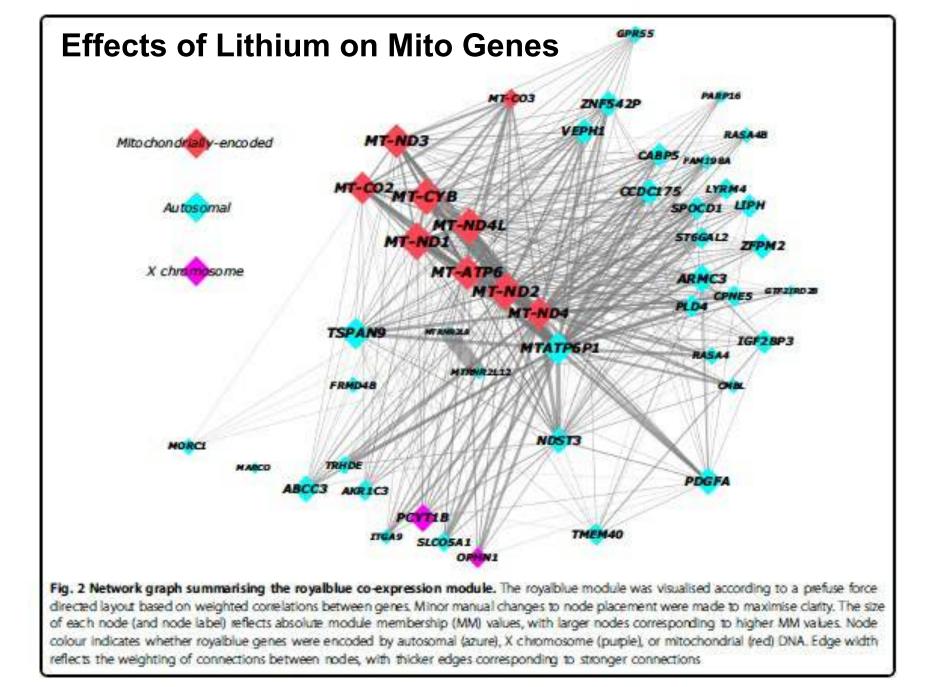
REVIEW published: 06 July 2021 doi: 10.3389/fpsyt.2021.546801

The Role of Mitochondria in Mood Disorders: From Physiology to Pathophysiology and to Treatment

Anna Giménez-Palomo¹, Seetal Dodd^{2,3}, Gerard Anmella¹, Andre F. Carvalho^{4,5}, Giselli Scaini⁶, Joao Quevedo^{6,7,8,9}, Isabella Pacchiarotti¹, Eduard Vieta¹ and Michael Berk^{10,11,12*} Mitochondrial Abnormalities in Bipolar Disorder

- Altered mitochondrial gene expression
- Decreased brain energy metabolism
- Markers of oxidative stress
- Bipolar calcium channel genes
- Decreased oxidative stress with lithium and valproate

Quiroz et al. Neuropsychopharmacology. Oct 2008;33(11):2551-2565.



Stacey et al. Translational Psychiatry (2018) 8:183



Review

Peroxisome Proliferator-Activated Receptor Gamma Coactivator-1 Alpha as a Novel Target for Bipolar Disorder and Other Neuropsychiatric Disorders

Andrew A. Nierenberg, Sharmin A. Ghaznavi, Isadora Sande Mathias, Kristen K. Ellard, Jessica A. Janos, and Louisa G. Sylvia

Biological Psychiatry May 1, 2018; 83:761-769

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